



OFFERING HELP & HOPE FOR PEOPLE LIVING WITH PAIN



American Chronic Pain Association

~ SUTTER CREEK CHAPTER ~

SELF-HELP AND PEER SUPPORT FOR PEOPLE WITH CHRONIC PAIN

- LEARN TO DEAL WITH YOUR PAIN IN A POSITIVE WAY.
- REGAIN A SENSE OF PERSONAL CONTROL.
- IMPROVE FUNCTION AND ENHANCE YOUR QUALITY OF LIFE.

**MEETING ON THE 1ST & 3RD SUNDAYS OF EACH MONTH
FROM 2:30 – 4:00PM**

**LOCATION: SOPHIA'S WELL
270A HANFORD STREET
SUTTER CREEK, CA 9568**

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