

**Sophia's Well**  
**Summer Solstice Celebration 2016**

**Chant and Drumming** (O holy light of Love, You're always in us, Around us and everywhere. Dancing and spinning, joining us all, all that is and ever will be.)

**Lighting of the Solstice Flame**

**Invocation** (Written by Alberto Villoldo) Let us honor the breath of Summer which comes to us from the four directions as we repeat our invocation together.

To the winds of the South—Great Serpent,  
help us to shed the past the way you shed your skin.  
Teach us to walk in beauty and touch everyone with beauty.  
To the winds of the West,—Great Jaguar, walk among us.  
Show us how to live fearlessly. Teach us the way of no enemies  
in this world or the next.

To the winds of the North,—Hummingbird,  
Grandmothers and Grandfathers, Ancient Ones.  
We honor you who have come before us, and you who will come after us,  
our children's children.

To the winds of the East—Great Eagle, come to us from the place of the rising Sun  
Keep us under your wing. Teach us to fly wing to wing with Great Spirit.  
Great spirit, you who are known by a thousand names,  
We thank you for bringing us together.

**Welcome Archangel Uriel**

**Music**

**The Meaning of the Summer Solstice** (*adapted from The Magic of Summer Solstice and The Circle of Life*)

**Time of Meditation and Reflection**

**Questions to Ponder**

The Snake

I ask you to think about something in your life you have been resisting.

1. What thought, action or desire would you like to work with?
2. What will happen if you stop resisting? Are there any real benefits to doing so?
3. What would be the first step you need to take?

The Eagle

A new adventure is brewing. Have you not sensed this?

1. Is there something in your life at the present time that feels like a test?
2. What gifts do you have that are capable of taking you beyond what you think you can do?
3. What is your heart's desire at this particular moment in time?

## The Jaguar

1. Is there a place in your life where you see that your integrity is out or where you feel you have used power inappropriately?
2. Do you need to ask someone for forgiveness or make amends?
3. Where in your life would showing more compassion make the greatest difference?

## The Hummingbird

1. When did you last make an opportunity to spend time in nature to enjoy its restorative powers?
2. Where is it that you experience beauty that touches your soul?
3. Where in your life could you choose to be more loving?
4. Is there a blessing in your life that has gone unrecognized?

## Time of Sharing

### Sun Dance (Ceremony of the Great Plains Indians)

### Purification Ceremony

### Communion

#### **Benediction:** Proclamation of the Power of Fire (taken from *The Circle of Life*)

We proclaim that the lights of the cosmos unite all people on the planet in a greater oneness. As the fiery stars, the intense sun and the moonlight shine on us, so too they bathe each one who dwells on this beautiful sphere of life with a great illuminating energy.

We claim that there is an unquenchable fire shining within each person, a light that is strong, deep and enduring. It is the vigilant fire of the soul, maintaining hope and truth amidst the challenges of life.

We proclaim that the fire of those who have gone before us has never left the earth. Their sacred fire has become an eternal light, blessing us and encouraging us, to live our lives to the fullest not only for ourselves but for all mankind.

We proclaim that there is a divine fire within each of us that is immeasurably loving, inconceivably caring, consistently non-judgmental and enormously passionate. This light will cherish us into eternity.

We proclaim that the light within us is beautiful, precious and wild. We urge everyone to do all they can to tend to this fire. Let the inner light shine forth radiantly, so that all may benefit from its immense warmth and goodness.

### Closing Song: