

## Communion for May 22, 2016

We live in interesting times. We have the opportunity to experience the transition from the 6<sup>th</sup> ray influence of the Piscean age to the 7<sup>th</sup> ray influence of the Aquarian Age. From where we stand we get a unique glimpse into how everything happens in divine order. William Meader points out that the 6<sup>th</sup> ray gives us the capacity to intuitively sense the spiritual ideals to live by, and to strive toward them with unwavering devotion. It helps us to envision what the world would look like if we were to function more fully as souls. As a ritual that is celebrated in community (our shared experience, our relatedness), communion helps us to gather the will and the energy needed to bring about positive change.

Each time we prepare for our spiritual meal, we are seeking to lift our consciousness to be in attunement with the energies of the higher planes. We are seeking to see clearly and without distortion. At the same time, Fr. Rohr reminds us, we must also stay in touch with the needs and the suffering of those in our midst. Let the energy of divine love that comes to us through the blessed elements, help us to serve with greater tolerance, inclusiveness and compassion. As we pass the bread let us think about what gets in the way of us bringing our hopes and dreams of a better world into reality.

Many of our hopes and dreams can only be realized by bold action. This is the courage, Carol Parrish tells us, that aspirants must develop. We draw strength from those who have gone before us, from the vast company of prophets, thinkers and light bringers, who by the quality of their living, by the daring of their spirits and by their sacrifices, made the world a better place to live. May their example help us to focus our energies beyond the fears and limitations of our personalities. May the contents of the cup fill us with the strength needed to realize our reason for being.

The Bailey materials state that the 6<sup>th</sup> ray, as a part of the evolutionary plan, has led to separatism, to nationalism and to sectarianism due to the selective nature of the mind. We are now called to function out of love anchored in the heart center in service to the greater whole. May it be so. Take and eat.