

### **3-27-2016 Readings: At-One-Ment**

Dictionary:

**Atonement** – Word Origin: Early 16th cent. (denoting unity or reconciliation, especially between God and man): from at one + -ment, influenced by medieval Latin *adunamentum* ‘unity,’ and earlier *onement* from an obsolete verb *one* ‘to unite.’ (See supplemental article by Philologos.)

**Attunement** - Being or bringing into harmony; a feeling of being "at one" with another being.

**Alignment** - The act of aligning or state of being aligned; *especially*: the proper positioning or state of adjustment of parts (as of a mechanical or electronic device) in relation to each other; an arrangement of groups or forces in relation to one another.

**Unity** - the state of being united or joined as a whole; the number one (mathematics).

CEP Dictionary: AT-ONE-MENT. The state of unity with the one Source of which humanity is capable, whereby the parts of creation become whole, or one. UNITY. The ability to increasingly see beyond separateness, finding the principles that link perspectives in order to heal and affirm the oneness of life. ALIGNMENT. Attuned to, on a wavelength with, working in consort with. ATTUNEMENT. A technique for becoming “one in vibration with ...” The natural state of blending with ones surroundings.

Torkum Saraydarian: *Through our meditation, we will try to cooperate with the Spirit of Resurrection in order to raise us out of our tomb, from death to immortality, and in order to fix our eyes upon the New Age of Resurrection. The Aquarian Age truly will be the Age of Resurrection, as the Piscean Age was the Age of Decision between death and life, matter and spirit, hate and love.*

(From Carol Parrish-Harra, “Easter-Aries Celebration”, *The Book of Rituals*)

The secret of Aries-Easter is one of beginnings, of cycles and emerging opportunity—dedication to a higher life and greater freedom. Aries-Easter brings an energy called the forces of restoration. Restoration has a deep esoteric meaning. Since life gets distorted, this spring energy is a returning energy, and its goal is to restore harmony to nature and its many forms. On Easter Sunday we focus on resurrection, renewal and rebirth. In everyday language, resurrect means “to revive something that was thought to be over and finished—to dig it up or to have a situation re-emerge for consideration again.” We resurrect the Easter story each year to rethink its message. Likewise we learn to resurrect the spirit within us, should we have lost its focus and favor.

What does resurrection mean to us? For the average exoteric Christian it ignites hope that the Easter story is true. We want to believe that we will rise again and have eternal life. The esotericist (Christian or otherwise) knows resurrection is a process of gaining freedom from limitation; we realize resurrection by doing the work of building the bridge from personality to soul. The increased flow of subtle energies into the body transmutes the body into a more etheric form. Step by step our physical bodies lighten, becoming more sensitive and pure in order to balance the downward pull of the physical upon the spirit.

A time of renewal is a time to rethink, reaffirm, and begin again to practice higher consciousness in our life and lifestyle. Aries-Easter releases a burst of spiritual force to planetary life that offers hope and strength to move toward healing, renewed creation and bountiful rebirthing.

(*The Rays and Initiations*, p. 498, AAB/DK)

**For aspirants and disciples, the immediate task ahead is: To bring about the at-one-ment of soul and body, through the medium of alignment.**

(*Esoteric Psychology II*, p. 340-341, A.A.B./DK)

[Humanity] is a mass of conflicting energies, and an active center of moving forces, with a shift of emphasis constantly going on, and with the aggregation of the numerous streams of energy, presenting a confusing kaleidoscope of active interrelations, inter-penetration, internecine warfare, and interdependence, until such time as the personality forces, are subdued, or “brought into line” by the dominant soul. That is what we really mean by the use of the word “alignment”. This alignment results from:

1. The control of the personality by the soul.

2. The down-pouring of soul energy, via the emotional and mental bodies into the brain, thus producing subjugation of the lower nature, the awakening of the brain consciousness to soul awareness, and a new alignment of the bodies.

3. The right arrangement, according to ray type, of the energies, which are motivating and dynamically arousing the centers [chakras] into activity. This leads eventually to direct alignment of the centers upon the spine, so that soul energy can pass up and down through the centers, from the directing center in the head. While this process of soul control is being perfected, the ray types of the vehicles steadily emerge, the ray of the personality begins to control the life, and finally the soul ray begins to dominate the personality ray, and subdue its activity. Eventually, the monadic [spirit] ray takes control, absorbing into itself the rays of the personality and of the soul (at the third and fifth initiations), and thus duality is finally and definitely overcome, and “only the *One Who Is* remains.”

(*Esoteric Healing*, p. 214-217, A.A.B./DK) Students should remember that there is both an **upward and downward trend of energy** within the entire structure of centers.

### **I. The upward trend ... producing Transmutation.**

- 1) From the sacral center to the throat center. Physical creation is transmuted into artistic creativity.
- 2) From the solar center to the heart center. Individual, emotional consciousness is transmuted into group consciousness.
- 3) From the base of the spine to the head center. Uncoordinated living is transmuted into personality integration.
- 4) From the six centers in relationship into the highest head center. Personality activity is transmuted into spiritual living.

**II. The downward trend ... producing Transformation.** . . . This downward trend can be roughly regarded as falling into three stages:

- 1) The first stage involves energizing the creative life via the throat center. The head center, the throat center, and the sacral center, consciously and simultaneously, come into conscious relation. This makes the person creative in a worldly sense, and therefore a useful participant within humanity.
- 2) The next stage involves energizing the conscious life of relationship via the heart center. The head center, the heart center and the solar plexus center, simultaneously and consciously, come into close cooperation. This serves to establish right human relationships, right group relations, and right spiritual relations throughout a person's entire life expression.
- 3) The third stage involves energizing the entire person, via the basic center. The head center, the basic center, and the brow center, simultaneously and consciously, come into rhythmic, coordinated expression. This is a final stage of great importance, and only takes place in its completeness at the time of the third initiation, that of the Transfiguration.

You can see, therefore, how these three important words convey the purpose of scientific unfoldment and the right direction of energy moving through the centers: **Transmutation. Transformation. Transfiguration.**

This process is wisely and safely carried out over a long period of time and when consummated, perfect physical health is the result; during the interim process of adjustment and of change, the reverse is frequently the case.

(Torkum Saraydarian, “Transfiguration of Christ” in *Teachings of Christ, Vol.4, The Resurrection of Christ*)

**Transmutation** is physical. **Transformation** is emotional. **Transfiguration** is mental, emotional, and physical together. In transfiguration, the whole person is changed. Transfiguration is a deep urge within you to progress and to reach higher states of beingness. The process of transfiguration changes atomic structures. These atomic structures have three characteristics of movement: 1) Inertia (sleeping, apathy, depression - *tamas*), 2) Motion, (zigzag, circular - *rajas*), and 3) Rhythm (continuous progressive spiraling movement toward a goal - *sattva*). Transfiguration occurs in your bodies when the atoms of your bodies become rhythmic and radioactive.