

3-13-2016 Readings: Whole-Body Healing

Law I : *All disease is the result of inhibited soul life.* Law V: *There is naught but energy, for God is Life.* Law VI: *When the building energies of the soul are active in the body, then there is health, clean interplay and right activity.* Law VII: *When life or energy flows unimpeded and through right direction to its precipitation (the related gland), then the form responds and ill health disappears.* All readings are excerpts from *Esoteric Healing* by A. Bailey and The Tibetan. Charts – Solar Angel and the Human Soul and How Energy Travels, compile by Gita Saraydarian, TSG Foundation.

(p. 190) The etheric body conditions, controls and determines the life expression of the incarnated individual. This etheric body is the conveyor of the forces of personality, through the medium of the centers, and thereby galvanizes the physical body into activity. These forces, routed through the centers, are those of the integrated personality as a whole, or are simply the forces of the astral or emotional body and the mind body; they also transmit the force of the personality ray or the energy of the soul ray, according to the point in evolution reached by the person. The physical body, therefore, is not a principle. *It is conditioned and does not condition* – a point oft forgotten. It is a victim of personality life or the triumphant expression of soul energy.

(p. 192) Unquestionably, disease and physical limitations of any kind will vanish, but this will happen only when the soul of the individual controls and the lower personal self becomes as much an automaton of the soul as the physical body is at this time the automaton of the emotional nature, of the mind, and occasionally (an only occasionally for the majority of people) of the soul.

Only when the soul, consciously and with the cooperation of the personality, builds the temple of the body, and then keeps it full of light, will disease disappear; this building is, however, a scientific process, and in the early stages of discipleship (which is the time wherein the soul begins to grasp its instrument, the personality) this leads inevitably to conflict, increased strain and frequently aggravated disease and disharmony. This dis-harmony and dis-ease lead to much necessary trouble and consequent undesirable effects. These effects will be overcome but—in the interim of adjustment—while they are registering and expressing themselves, there will be much distress, physical and psychological, and all the major and minor difficulties to which humanity seems heir.

(p. 194-199) Incoming Energies and the Centers:

1. Each of the seven major centers governs or conditions—from the material angle as well as from that of the soul and of the life principle—the area of the physical body in which it is found, including the multitude of lesser centers of energy [49 in each center] and plexi of force which may be found therein.
2. The three great basic and manifesting divisions of divinity are to be found symbolically present in every center: a. The life principle, the first aspect, discloses itself when the entire center is esoterically unfolded or awakened, although present in latency; b. The quality soul aspect is gradually disclosed in the process of evolutionary unfoldment and produces, in time and space, the definite effect which the center has upon its environment; c. The appearance in the etheric body of a developing center indicates the place of the person upon the ladder of evolution; . . . this produces a consequent effect upon the surrounding tissues, substance and organic forms within the radius of influence of the center.
3. The incoming energy is transmuted within the center into forces. This involves a process of differentiation into secondary energies of the primary energy involved and is an automatic happening.
4. The outgoing forces from a center play upon the etheric counterpart of the entire intricate network of nerves which constitute the nervous system. These counterparts of identical subjective correspondences are called the “nadis”; they constitute an intricate and most extensive network of fluid energies which are an intangible, interior, paralleling system to that of the bodily nerves, which latter system is in fact and externalization of the inner pattern of energies.
5. The nadis determine the nature and the quality of the nervous system which its extensive network of nerves and plexi covering the entire body. The network of nadis and nerves are related primarily to two aspects of man’s physical equipment—the seven major centers in the etheric body and the spinal column with the head. It

must always be remembered that the etheric body is a physical body, though composed of subtler material than the one we can see and touch.

6. The nadis in the physical body correspond to the life or spirit aspect; the nerves correspond to the soul or quality aspect. That which demonstrates as their united externalization is the endocrine system which corresponds to the form or matter aspect. These three—the nadis, the nervous system and the glands—are the material correspondences to the three divine aspects; they are esoterically responsive to these three aspects . . . These three groups are themselves conditioned (via the seven centers) by the astral or mental vehicles, or by the integrated personality, or by the soul which begins to use the personality as a transmitting or transmuting agency.

7. These three major systems within the human being express through the medium of the physical body the condition or the state of development of the centers. The life, the quality and the energy, which they represent are conveyed to every part of the physical vehicle via the blood stream.

8. When the centers are awakened throughout the body, there will then be present a highly electric nervous system, responsive with immediacy to the energy carried by the nadis; the result will be a well-balanced endocrine system. The vitality and life pouring through the entire body will then be of such potency that automatically the physical body will be resistant to disease, either innate, hereditary, or of group origin. In these words I express for you a future probability but not an immediate possibility. Man will someday have the three systems perfectly coordinated, psychically responsive to the inner pattern of nadis and centers, and consciously integrated with the soul, and later—via the antahkarana—with the Life principle.

9. Today as there is uneven development, with some centers awakened, others overstimulated, and with the centers below the diaphragm overactive, you have consequently, whole areas of the body where the nadis are in an embryonic state, other areas where they are highly energized but with their flow arrested because some center along the path of their activity is still unawakened or—if awakened—is still non-radiatory. These uneven conditions produce effects upon the nervous system and upon the glands, leading to overstimulation in some cases, subnormal conditions in others, lack of vitality, overactivity, and other undesirable reactions that inevitably produce disease.

10. To sum all up: Disease, physical disability of any kind (except of course those due to accidents and to planetary conditions including epidemics), and the many differing aspects of ill health can be directly traced to the condition of the centers, as they determine the activity or non-activity of the nadis; these, in their turn, affect the nervous system, making the endocrine system what it is in the individual person, and the blood stream is responsible for this condition reaching every part of the body.

(p. 214-217) Students should remember that there is both an **upward and downward trend of energy** within the entire structure of centers.

I. The upward trend ... producing Transmutation.

From the sacral center to the throat center. Physical creation is transmuted into artistic creativity.

From the solar center to the heart center. Individual, emotional consciousness is transmuted into group consciousness.

From the base of the spine to the head center. Uncoordinated living is transmuted into personality integration.

From the six centers in relationship into the highest head center. Personality activity is transmuted into spiritual living.

II. The downward trend ... producing Transformation. . . . This downward trend can be roughly regarded as falling into three stages:

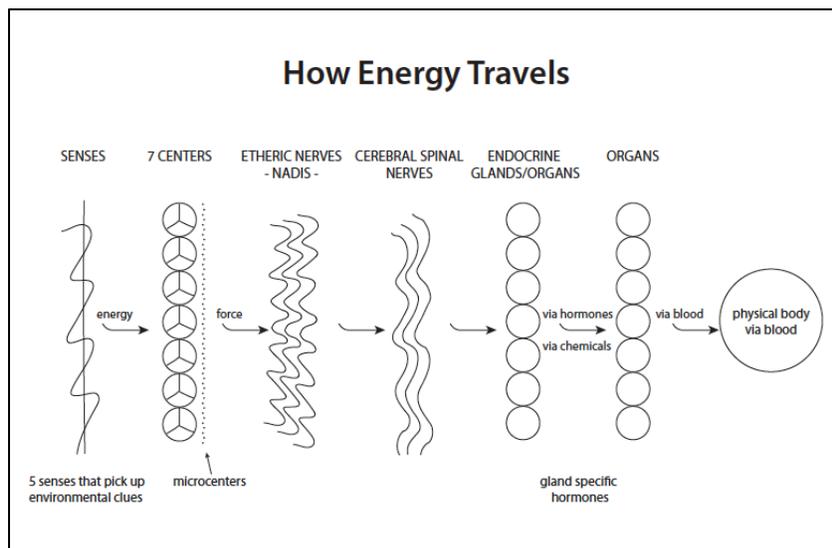
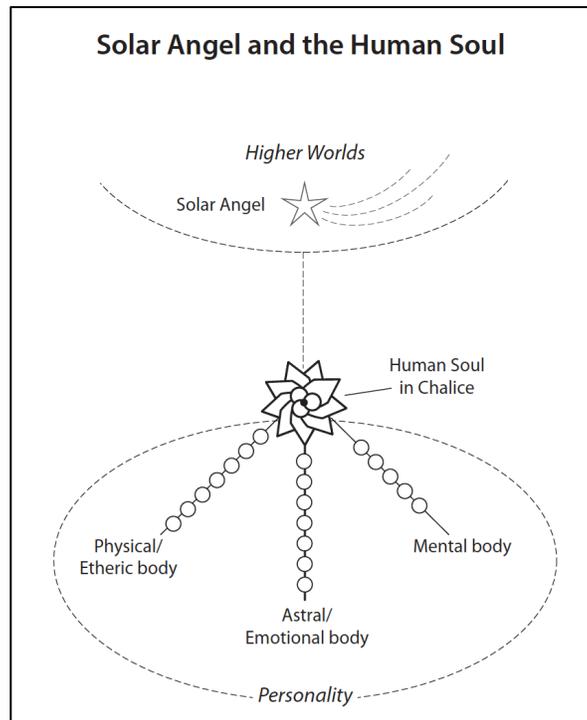
1) The stage of energizing the creative life via the throat center, thus bringing the head center, the throat center, and the sacral center, consciously and simultaneously, into conscious relation. This makes the disciple creative in a worldly sense, and therefore of use to humanity.

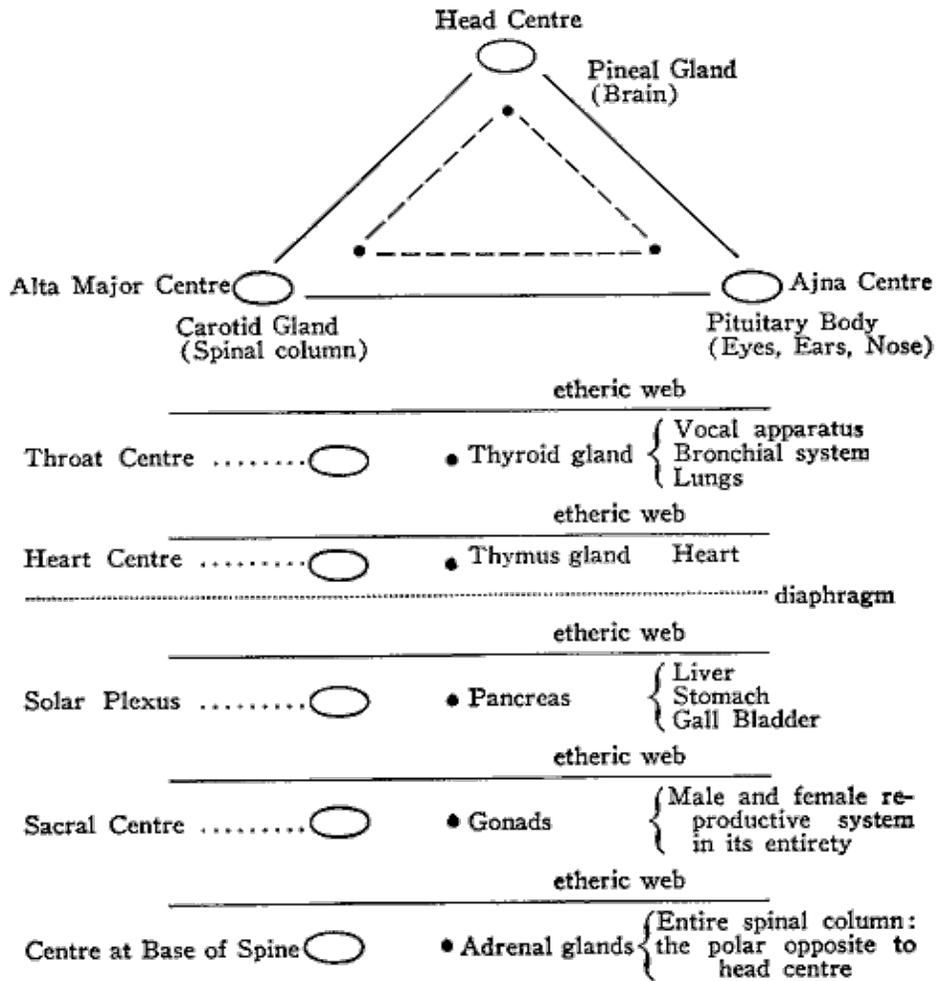
2) The stage of energizing the conscious life of relationship via the heart center, thus bringing the head center and the heart center and the solar plexus center, simultaneously and consciously, into close cooperation. This serves to establish right human relationships, right group relations, and right spiritual relations throughout a person's entire life expression.

3) The stage of energizing the entire person, via the basic center, thus bringing the head center, the basic center, and the ajna center, simultaneously and consciously, into rhythmic, coordinated expression. This is a final stage of great importance, and only takes place in its completeness at the time of the third initiation, that of the Transfiguration.

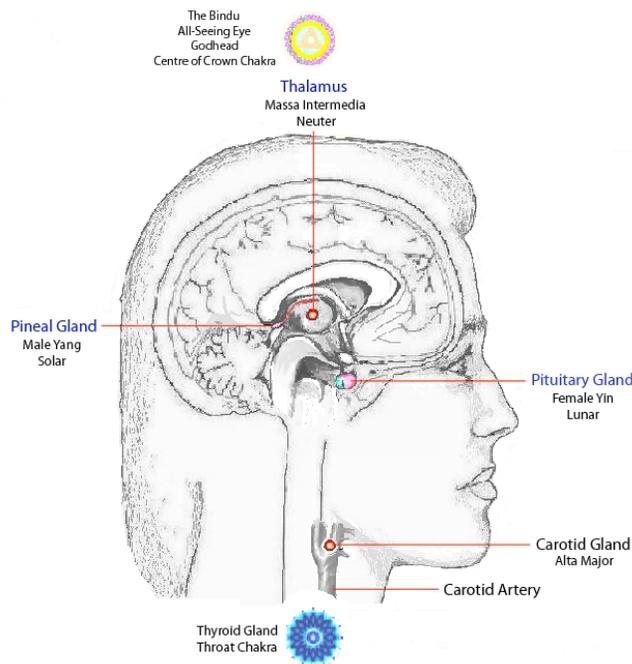
You can see, therefore, how three important words convey the purpose of scientific unfoldment and the right direction of the centers: **Transmutation. Transformation. Transfiguration.**

This process is wisely and safely carried out over a long period of time and when consummated, perfect physical health is the result; in the interim process of adjustment and of change, the reverse is frequently the case.





(p. 202, *Esoteric Healing*)



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