

Communion for December 11, 2016

The past two weeks we have been working with the mysteries of fire and light as we seek to acknowledge and strengthen the light within. Advent is a time for purification and preparation as the seasonal inflow of Christ light permeates the earth preparing us for the next cycle of growth. Though we tend to be more comfortable in the light it is important to remember that it is in the darkness that the seeds of hope are planted. As the light of the personality gives way to the light of the soul, Meader tells us, we begin to sense (and know) that “there is a divine unity that underlies the diverse forms of the outer world.” This is the path to wholeness.

Communion keeps us in touch with our relatedness. It honors our interdependence. And so it seems to be critical that we take in and use the energies of the blessed elements at this time to purify ourselves and our motives, so that we as a nation and as individuals might appropriately respond to the many unfolding international events and pressures. This is our service work. As we pass the bread, let us take a moment to reflect on where we personally get stuck, what triggers us to lose sight of the inner reality.

Terri MacKensie reminds us that that” the light within each of us” is needed help find creative solutions to the many challenges that lie ahead. As we mindfully commune together and do our meditation work, we grow in our ability to access those higher levels of mind where intuition and guidance lie. In this time of uncertainty, how and where might we add our energies to the efforts of other world servers who seek to uplift and serve mankind? I have been thinking about my responsibilities in this time of transition, where I might be called to contribute my energies at this time to bring about positive change. As we pass the cup you are invited to share any insights you may have had, as to where what you have to offer might be applied as we begin anew this January.

Wayne Mueller states that quite often “our frantic busyness (at this time of year) makes us deaf to what is healing and sacred, both in ourselves and one another.” In that spirit I invite us to pause for a moment and to look into the eyes of each person in our circle to thank them for what they uniquely contribute to our community. Let us lift our bread high in celebration of the spiritual light that shines in each of us. Take and eat.