Communion June 7, 2015

According to Lucis Trust, we are living in one of the greatest times of crisis in all human history. Issues of peace and war, of poverty and abundance, of racial, political and economic conflict face us on all sides. As humanity enters the New Age, they go on to say, a successful outcome can only be guaranteed if men and women of goodwill in the world step up and intervene. Good will is both an attitude and a harmonizing energy. And thankfully it is contagious. Practicing good will, according to Alice Baily can change the world.

Because communion puts us in touch with our relatedness and our interdependence with all of life, it helps to build love within our nature. Goodwill stimulates us to put this "love" into positive action. The goal is right human relations among all peoples, nations, races, and religions. One of the ways we can spread goodwill in by honoring and fostering the good in ourselves, others and all situations. And so as we pass the bread let us ponder what keeps us doing this. You are invited to explore what keeps you from honoring good in yourself, others or perhaps a particular situation.

Goodwill is an energy which is constructive, positive and creative. It is the energy that heals cleavages, removes emotional and mental barriers and leads to total understanding. We take in this positive energy when we consume the blessed elements. One of the ways we can use these energies to promote peace and cooperation in the world is through good communication. As we pass the cup, let us think about where in our lives clear communication might remove a barrier to clear understanding.

Let us pledge ourselves to world service at this important moment in time by repeating the last stanza of the Mantram of Unification:

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate and outer cleavages be gone.
Let love prevail.
Let all men love.

So be it. Take and eat.