

SOPHIA'S WELL OF WISDOM DECEMBER 2011 CALENDAR

An InterSpiritual Center for Wellness of Body & Soul

Sagittarius Seed Thought: Awakening the latent holy awareness becomes the task of the children of peace.

December Theme: Peace on Earth, Goodwill to All

SUNDAY SERVICES

MEDITATION at 10:15 a.m.

WISDOM CIRCLE at 11:15 a.m.

12/4 *Peace of Mind* with Mike Mason

12/11 *Peace of Heart* with Lynnea Honn

12/18 *Birthing Peace* with Marilyn Nutter

12/25 Christmas Day - *No Service Today*

SERVICES FOR BODY, MIND, AND SPIRIT

Holiday Sing-Along Concert: *Singing in the Light!* – Sunday December 11 from 2-4 p.m.

Sing the joys of the Holy Season in a light filled celebration of Christ consciousness!

We will sing an array of traditional tunes with transformative thoughts and words. Everyone is invited to sing along and share in the festivities. Treats and gifts are provided as well as an opportunity to awaken more Joy, Peace and Light within! This interactive concert celebration is facilitated by Laurie Story Vela, Jeremiah, and Shari Anderson.

Winter Solstice Celebration – Wednesday December 21 from 7 – 8:30 p.m.

In keeping with ancient traditions dating back thousands of years, we begin the solar year with a celebration of Light. Honor the gifts of winter—a time of contemplation—and darkness—a time for rest and the dreamtime of seeds—as well as the light returning & ever glowing within us.

The Wisdom of 2012 – Friday December 30 from 6:00 – 8:30 p.m.

Prepare for the new year with the *Wisdom of 2012*. Begin with a World Healing Meditation; then see a power point presentation summarizing viewpoints of the 2012 phenomena; watch a film, *The Galactic Serpent – Preparing for the Coming Changes*, with shaman Alberto Villoldo; participate in a ritual to clear the old year energies, align with Mother Earth, and invoke blessings for the New Year.

Bring three leaves from your home or favorite place.

Ongoing Monthly Meditation Class – December 18 from 2-3 p.m.

For members of the Meditation Class; others are welcome to audit the class.

Call or email Lynnea to Register: 267-5687 or registrar@sophiaswell.org

A COURSE IN MIRACLES: Meets on Tuesdays from 7-9 p.m. at 42 Main Street in Jackson (La Creative Gallery) with ACIM teacher Helen Bonner, Ph.D.

CONTEMPLATIVE MASSAGE AND BODYWORK

Holistic Massage, Reiki, Craniosacral, Therapeutic Massage, and much more!

By Appointment: Patsy @ 418-9003 ~ Mary Beth @ 419-2022

SPIRITUAL CARE SERVICES

Pastoral guidance, mentoring, prayer

CELEBRANT SERVICES

Weddings, Memorials, Dedications, Blessings

By Appointment w/ Rev. Patsy @ 418-9003

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